



mSansi
RESPECTED

8-WEEK RESPECT JOURNEY™

WEEK 2

TAKE RESPONSIBILITY



WEEK 2: TAKE RESPONSIBILITY

Stop blaming. Start building.

"I take ownership of my choices."

Respect grows when we take ownership of our choices. This week is about looking honestly at your actions, your decisions, and the impact you have on others. Stop blaming circumstances, people, or the past — and start taking responsibility for the person you are becoming.

REFLECT

Where am I making excuses?

What can I control?

What responsibility have I been avoiding?

THIS WEEK'S ACTION CHALLENGE

ACTION CHALLENGE

Take responsibility for one situation you've been avoiding — and complete it this week.

7-DAY TRACKER

DAY	MON	TUE	WED	THU	FRI	SAT	SUN
Done ✓							

Tip: pair this with your Daily Respect Inventory each evening to keep your reflections and action steps in one place.