



mSansi
RESPECTED

8-WEEK RESPECT JOURNEY™

WEEK 6

UNITE THROUGH RESPECT



WEEK 6: UNITE THROUGH RESPECT

Different roots. Same soil.

"I choose understanding before judgment."

Respect is something we give before we expect to receive it. This week is about understanding people, listening, and treating others with dignity regardless of their background, position, or circumstances. A respected society begins when ordinary people choose respect every day.

REFLECT

Do I really listen?

Who do I struggle to understand?

How can I build unity?

THIS WEEK'S ACTION CHALLENGE

ACTION CHALLENGE

Have one meaningful conversation with someone from a different background, generation, or viewpoint.

7-DAY TRACKER

DAY	MON	TUE	WED	THU	FRI	SAT	SUN
Done ✓							

Tip: pair this with your Daily Respect Inventory each evening to keep your reflections and action steps in one place.