



mSansi
RESPECTED

8-WEEK RESPECT JOURNEY™

WEEK 7

BUILD YOUR FUTURE



WEEK 7: BUILD YOUR FUTURE

Your future is built today.

"I will grow every day."

Dreams require more than motivation — they require commitment to your own growth. This week is about identifying the skills you need, taking your goals seriously, and taking one practical step today toward the future you want.

REFLECT

What skills do I need?

What dream deserves my effort?

What is one step I can take today?

THIS WEEK'S ACTION CHALLENGE

ACTION CHALLENGE

Learn something new and take one practical step toward your future.

7-DAY TRACKER

DAY	MON	TUE	WED	THU	FRI	SAT	SUN
Done ✓							

Tip: pair this with your Daily Respect Inventory each evening to keep your reflections and action steps in one place.